

System Reboot

Overview :

System Reboot by Neure is a 3-month mental resilience and performance reset built for tech teams working at the frontier of AI and rapid innovation. In today's velocity-obsessed world, engineers and product teams are battling decision fatigue, fractured focus, unclear ownership, and emotional burnout often without realizing it until performance dips. This program blends clinical psychology, behavioral design, and systems thinking to help teams strengthen their cognitive clarity, rebuild momentum, and regain control of their time, energy, and output. It's a precision-engineered intervention to retrain the minds behind the machines.

Program Includes :

6 curated
workshops

Unlimited access
to LUMOS

Custom
soundscapes

Built-in
Reward program

4 complimentary
one on one sessions

Data &
Analytics

Monthly
Assessments

Resources &
Toolkits

Dedicated
Communication
Channel

Results achieved :

3X Faster
Problem Solving

60% Faster
execution

40% higher
cognitive clarity

Team

Licensed
Psychologists

Workplace
Researchers

Industry
Advisors